



# Service for the Soul 4th Shabbat of each month

## תפילת הנשמה

For a Shabbat of meditation, renewal and peace.

Where: at Liz and Peter's home

*Jewish meditation nourishes our "soul stream."  
(Rabbi Goldie Milgram)*

*Singing, reflection and poetry  
make this service a delight!  
Arrive at 9.50 am to get comfy  
and settled  
for a 10 am start.*

PLEASE RSVP to Ruth 0421 121 727

[ruth.kedem@outlook.com](mailto:ruth.kedem@outlook.com)

Bring a vegetarian plate to share for Kiddush