

As part of Kedem's Tikkun Olam project for Pesach, we are supporting the



ARE KITNIYOT KOSHER FOR PESACH? WHO CARES: THEY FEED THE HUNGRY!

The debate over whether or not to eat kitniyot (rice, corn, soybeans, peas, lentils and legumes) during Pesach has been waged for centuries. No matter which side of the debate you sit on, we can all agree that kitniyot are essential for the diets of those who are hungry.

Our Pesach Food Drive allows us to act upon the command to, "let all who are hungry come and eat."

Kedem donations will go directly to the Christ Church Community Centre, St. Kilda, who we support throughout the year, for their emergency relief pantry.

You can bring your donations to Kedem shul services at Orrong Rd or to Service for the Soul.

Feel welcome to include the other non-perishable food items that we regularly collect, such as:

- Stews
- Spaghetti
- Hearty soups
- Noodle bowls/cups with chicken, beef, etc.
- High protein foods such as tuna, salmon, sardines
- tinned ready meals **especially with ring tabs** are greatly appreciated

Staples such as:

- Tea, instant coffee, sugar
- Long life milk
- Vegemite
- Honey
- Jam

Toiletries such as:

- Soap
- Shampoo and conditioner
- Deodorant
- Razors – especially needed
- Toilet paper
- Tissues
- **Women's sanitary products are not needed**

**REMEMBER: FOOD ITEMS MUST HAVE
CURRENT USE BY DATES
AND BE UN-OPENED.**

If you would prefer, you can make a donation on the Mazon Australia website <https://www.mazonaustralia.org/pesach> and they will do the shopping for you. All monetary donations over \$2 are tax deductible.

