

# ULURU 2019



Uluru is a place of dreaming and spirit of ancestors - a natural place for a group of Kedem members and friends to gather and celebrate the holy time of Shabbat, friendships and sacred land.

July 19-22nd was a special weekend where, led by spiritual guide Keshira Ha Lev Fife, a small group did just that.

Beginning with a welcome to Shabbat surrounded by the red powdery earth, we sang, prayed, walked and talked together.

We were guests of the Anangu people and honoured their wishes by walking around the base of Uluru, admiring it at sunrise and sunset, telling stories and learning about theirs. Their stories do not come out of books but out of the ground and on the rocks where dreamtime paintings are seen in the caves.

The Sounds of Silence dinner was one highlight of many. Sitting in the middle of the desert, we watched the sun set over Kata Tjuta while sipping cocktails and nibbling on canapes, served to us by elegant waiters. A delicious three course dinner was served under the stars. The Milky Way was so bright we felt like we could touch it and the stars just took our breath away. A magical moment was created when all lights were turned off and we were asked to be silent.

Later an astronomer showed us the various constellations and we were able to observe the planet Jupiter from a small telescope set up for the evening.

The silence and the darkness, blanketed by a glittering sky, was so profound that its shimmering beauty will stay with us forever.

This was more than a weekend retreat. It was a journey through time and space. It was a journey to and from ourselves and each other.

All of us brought home the memory of the eternal days that begin and end in such beauty. We all brought home the red earth - some in our shoes but all of us in our hearts.

Our grateful thanks go to Andrew Gelbart and Sylvie Jonas who made this memorable time possible.

