

WHAT'S ON AT KEDEM



Welcome to Kedem! We are a predominantly lay-led, innovative and progressive community that celebrates Shabbat, Festivals and Jewish life-cycle events with warmth, fun, music and food! We experience “joyful Jewish life” when we gather to socialize, learn, enjoy and care about the environment.

In March this year, Kedem, transitioned to become a “virtual” community due to Covid-19. Our Shabbat, Festivals and High Holydays have been celebrated on Zoom, together with social and learning events. We have even started Kedem Calm - gentle stretching, breathing, relaxation and meditation sessions.

Once we will be able to meet again in-person, we expect to continue Zooming - so you will have a choice of how to connect with Kedem.

Because we are in times of rapid change and uncertainty, keep your eyes on our E news for the latest details, or contact Ruth or Rosi to check how events will be proceeding.

In the meantime, we may not now be able to do all of the following things that we usually do, but as soon as we can, we intend to resume:

- Mark a special event in your life with an Aliyah or by sponsoring a Kiddish – for a birthday, anniversary, travel, work or school achievement – we would love to share the naches with you and your family here at Kedem!
- Kedem provides lay leadership for life-cycle events, such as a funeral, minyan, shloshim, and a consecration.
- We provide a B'nei Mitzvah program for children. Adults: consider marking the anniversary of your B'nei Mitzvah with us, or having a ceremony for the first time!

For further details for any of the events below, please contact Rosi on rosi.kedem@outlook.com, or Ruth Gross ruth.kedem@outlook.com or call the office on 0414 328 272. Links for Zoom events will be in the E-news or contact Rosi.

NOVEMBER 2020: All events will be on-line. See the E news for links or contact Rosi

Thursday 5th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 7th November: Shabbat morning celebration at 10.00 am. Pre and post chit-chat, 9.30 -10 and 11.30 - 12.00.

Thursday 12th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Friday 13th November: Kabbalat Shabbat with Shannyn and Max Einsohn 6.30 – 7.30pm. Join at 6.15 pm to schmooze.

Sunday 15th November: Mitzvah Day. Collect or cook food items for the Project Dignity Crisis Relief Program. Contact Bev (mob: 0410 483 676)

Sunday 15th November: Kedem's 25th AGM 7.30 pm via Zoom. (7 pm to schmooze) Guest speaker, Joel Lazar (CEO of the Jewish Climate Network) and musical interlude with Shannyn and Max Einsohn.

Thursday 19th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 21st November: Shabbat morning celebration at 10.00am. Pre and post chit-chat, 9.30 -10 and 11.30 - 12.00.

Saturday 21st November: “Say What” Shabbat celebration with Shannyn & Max 6.30 – 7.30pm. Join at 6.15pm to schmooze. Music, discussion and debate.

Thursday 26th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 28th November: Service for the Soul at 10.00 am. A reflective Shabbat celebration with singing, prayer, poetry and meditation. Pre and post chit-chat, 9.30 -10 and 12 -12.30.

DECEMBER 2020: All events will be on-line. See the E news for links or contact Rosi

Saturday 5th December: Shabbat morning celebration at 10.00 am. Pre and post chit-chat, 9.30 -10 and 11.30 - 12.00.

Friday 11th December: Kabbalat Shabbat & Chanukah celebration with Shannyn and Max Einsohn 6.30 – 7.30pm. Join at 6.15 pm to schmooze.

Saturday 19th December: Shabbat morning celebration at 10.00 am. Pre and post chit-chat, 9.30 -10 and 11.30 - 12.00.

Saturday 19th December: “Say What” Shabbat celebration with Shannyn & Max Einsohn 6.30 – 7.30pm. Join at 6.15pm to schmooze. Music, discussion and debate.

Saturday 26th December: Service for the Soul at 10.00 am. A reflective Shabbat celebration with singing, prayer, poetry and meditation. Pre and post chit-chat, 9.30 -10 and 12 -12.30.



Tikkun Olam is a core value of Kedem and underpins our social action commitment.

The Kedem community acknowledge that we are meeting on the traditional land of the Boon Wurrung and Wurundjeri people of the Kulin Nation and offer our respects to the elders past and present. We recognise and respect the cultural heritage of this land.

If you have a Tikkun Olam project that you would like to initiate, or a project that you would like to suggest we take onboard, contact **Shaun Miller**, Tikkun Olam coordinator, Mobile: **0439 391 377** or email shaun@shaunmillerlawyers.com.au



Kedem – Mitzvah Day 2020 15th November and on-going

Collecting non- perishable food items / cooking meals for Project Dignity Crisis Relief Program

Project Dignity Crisis Relief Program provides food for people who have lost their source of income as a result of the current COVID pandemic.

Since March this year the program of food deliveries has reached 155 people in over 42 households across Melbourne. On average 100 meals and donated fruit, vegetables and groceries are also delivered to the Hope Co-op for their outreach deliveries. The recipients are all people of refugee or asylum-seeking background who have come seeking a safe place to call home in Melbourne, from countries including Afghanistan, Syria, Pakistan, Sri Lanka, Sudan, Turkey, Lebanon and Somalia.

We are asking Kedem members to make donations of non-perishable food items, toiletries, and vouchers.

Some specific items that would be helpful are:

long life milk, oats, oil, honey, tinned tuna, pasta, basmati rice, chocolate,
sweet biscuits, dry biscuits, green tea, black tea, coffee, shampoo & conditioner,
men's & women's deodorant, soap, tissues, sanitary pads, nappies, baby formula.

Items can be dropped off to Bev Gelbart at 3 Cairnes Cres, Malvern East.

If no one is home, they can be left on the front porch.

We are also happy to have people make meals to be frozen in take-away containers. Please contact Bev (mob: 0410 483676) if you are interested in helping with this.

Mitzvah Day this year is on Sunday 15th November.

However, if Kedem members would like to make this an ongoing project, it would be greatly appreciated.