

WHAT'S ON AT KEDEM



Welcome to Kedem! We are a predominantly lay-led, innovative and progressive community that celebrates Shabbat, Festivals and Jewish life-cycle events with warmth, fun, music and food! We experience “joyful Jewish life” when we gather to socialize, learn, enjoy and care about the environment. In March this year, Kedem, transitioned to become a “virtual” community due to Covid-19. Our Shabbat, Festivals and High Holydays have been celebrated on Zoom, together with social and learning events. We have even started Kedem Calm - gentle stretching, breathing, relaxation and meditation sessions. Once we will be able to meet again in-person, we expect to continue Zooming - so you will have a choice of how to connect with Kedem.

Because we are in times of rapid change and uncertainty, keep your eyes on our E news for the latest details, or contact Ruth or Rosi to check how events will be proceeding.

In the meantime, we may not now be able to do all of the following things that we usually do, but as soon as we can, we intend to resume:

- Mark a special event in your life with an Aliyah or by sponsoring a Kiddish – for a birthday, anniversary, travel, work or school achievement – we would love to share the naches with you and your family here at Kedem!*
- Kedem provides lay leadership for life-cycle events, such as a funeral, minyan, shloshim, and a consecration.*
- We provide a B'nei Mitzvah program for children. Adults: consider marking the anniversary of your B'nei Mitzvah with us, or having a ceremony for the first time!*

For further details for any of the events below, please contact Rosi on rosi.kedem@outlook.com, or Ruth Gross ruth.kedem@outlook.com or call the office on 0414 328 272. Links for Zoom events will be in the E-news or contact Rosi.

OCTOBER 2020: All events will be on-line. See the E news for links or contact Rosi

Thursday 1st October: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Friday 2nd October: Erev Succot celebration. 6.00 – 7.00 pm

Saturday 3rd October: First day Succot celebration at 10.00 am. Pre and post chit-chat, 9.30 -10.00 and 11.30 -12.00.

Thursday 8th October: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Friday 9th October: Erev Shemini Atzeret/Simchat Torah with Shannyn and Max. 6.15 – 7.15 pm.

Saturday 10th October: Shemini Atzeret/ Simchat Torah morning celebration at 10.00am. Includes Yizkor and Hallel. Pre and post chit-chat, 9.30 -10 and 11.30 -12.00. Leon Sterling will be presented with the UPJ Ner Tamid Award by the UPJ co-president Brian Samuel. Join us to celebrate Leon's contribution to Kedem and the wider community.

Thursday 15th October: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 17th October: Shabbat morning celebration at 10.00am. Pre and post chit-chat, 9.30 -10 and 11.30 -12.00.

Saturday 17th October: “Say What” Shabbat celebration with Shannyn & Max 6.30 – 7.15pm. Music, discussion and debate.

Thursday 22nd October: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 24th October: Service for the Soul at 10.00 am. A reflective Shabbat celebration with singing, prayer, poetry and meditation. Pre and post chit-chat, 9.30 -10 and 12 -12.30.

Thursday 29th October: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

NOVEMBER 2020: All events will be on-line. See the E news for links or contact Rosi

Date to be confirmed: *Kedem's text study group for November*

Thursday 5th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 7th November: Shabbat morning celebration at 10.00 am. Pre and post chit-chat, 9.30 -10 and 11.30 -12.00.

Thursday 12th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Friday 13th November: Kabbalat Shabbat with Shannyn and Max 6.30 – 7.30pm. Join at 6.15 pm to schmooze.

Sunday 15th November: Kedem's 25th AGM 7.30 pm via Zoom. (7 pm to schmooze) Guest speaker, Joel Lazar (CEO of the Jewish Climate Network) and musical interlude with Shannyn and Max Einsohn.

Thursday 19th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 21st November: Shabbat morning celebration at 10.00am. Pre and post chit-chat, 9.30 -10 and 11.30 -12.00.

Saturday 21st November: "Say What" Shabbat celebration with Shannyn & Max 6.30 – 7.30pm. Join at 6.15pm to schmooze. Music, discussion and debate.

Thursday 26th November: Kedem Calm: gentle movement, deep relaxation, breathing practices and meditation. 10 – 11.30 am. Register with Deb 0419 340 684 or deborah.absler@bigpond.com

Saturday 28th November: Service for the Soul at 10.00 am. A reflective Shabbat celebration with singing, prayer, poetry and meditation. Pre and post chit-chat, 9.30 -10 and 12 -12.30.

**** A few other dates to add to your diary****

Friday 11th December: Kabbalat Shabbat & Channukah celebration with Shannyn and Max 6.30 – 7.30pm. Join at 6.15 pm to schmooze.

Saturday 19th December: "Say What" Shabbat celebration with Shannyn & Max 6.30 – 7.30pm. Join at 6.15pm to schmooze. Music, discussion and debate.



Tikkun Olam is a core value of Kedem and underpins our social action commitment.

The Kedem community acknowledge that we are meeting on the traditional land of the Boon Wurrung and Wurundjeri people of the Kulin Nation and offer our respects to the elders past and present. We recognise and respect the cultural heritage of this land.

If you have a Tikkun Olam project that you would like to initiate, or a project that you would like to suggest we take onboard, contact **Shaun Miller**, Tikkun Olam coordinator, **0439 391 377** shaun@shaunmillerlawyers.com.au

From Shaun: This short article from the Times of Israel regarding so-called "Tikkun Olam Jews" is beautiful and inspiring.

<https://blogs.timesofisrael.com/i-am-a-tikkun-olam-jewand-proud-of-it/>

"When I eventually learned that there was a specific Jewish mandate to fix the brokenness of our world, one that was thousands of years old, I was blown away. I realized in that moment that the social justice work that I had dedicated so much of my time to was, in the end, so Jewish." Akiva Gersh

MAZON VIRTUAL BAG

<https://www.mazonaustralia.org/sukkot>

Leviticus 23:22 describes the harvest commandment of peah, according to which we must leave the four corners of our field to be gleaned by the poor and the stranger.

In the system of peah, leaving the corners of one's field unharvested provides for the hungry in a way that addresses their needs while simultaneously preserving their dignity: the hungry can take produce as needed without the embarrassment or shame that could accompany receiving charity.

For those of us living in cities, where most people are not farmers, we can use the tradition of peah as guidance for the way we address local food insecurity.

Your purchase of our Virtual Mazon Bags will enable us to donate funds to foodbanks and community pantries across Australia.



Sukkot Appeal

www.mazonaustralia.org/sukkot

MITZVAH DAY

<http://mitzvahday.org.au/10-10-in-2020/>



August – YOUTH: Kindness @ Home

Mitzvah Day is excited to team up with UJEB who provide Jewish learning opportunities to children at non-Jewish schools. With Stage 4 restrictions upon us, online schooling, lockdown and face masks - our home has become our world. For the month of August, together with UJEB we are promoting "Random Acts of Kindness @ Home". What can I do to help and bring joy to my family?

Take a photo, write it down or draw a picture and send it to Mitzvah Day (info@mitzvahday.org.au) so we can inspire others. We'll post it on our facebook page!



February Social Inclusion	March Care for the Environment	April Kindness is Contagious	May Cookathon	June Friendship
July Respect Diversity	August Youth	Sept Atonement	Oct Good Neighbour	Nov Mitzvah Day!

www.mitzvahday.org.au

